

Long-term evolution of the neutron-star spin period of SXP 1062 [★]

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ABSTRACT

Context. The Be/X-ray binary SXP 1062 is of especial interest owing to the large spin period of the neutron star, its large spin-down rate, and the correlation with a supernova remnant constraining its age. This makes the source an important probe for accretion physics.

Aims. To investigate the long-term evolution of the spin period and associated spectral variations, we performed an XMM-Newton target-of-opportunity observation of SXP 1062 during X-ray outburst.

Methods. Spectral and timing analysis of the XMM-Newton data was compared with previous studies, as well as complementary Swift/XRT monitoring and optical spectroscopy with the SALT telescope.

Results. The spin period was measured to be $P_s = (1071.01 \pm 0.16)$ s on 2012 Oct 14. The X-ray spectrum is similar to that of previous observations. No convincing cyclotron absorption features are found, constraining the magnetic field of the neutron star. The high-resolution RGS spectra indicate the presence of emission lines, which may not completely be accounted for by the SNR emission. The comparison of multi-epoch optical spectra suggest an increasing size or density of the decretion disc around the Be star.

Conclusions. SXP 1062 showed a net spin-down with an average of $\dot{P}_s = (2.27 \pm 0.44)$ s yr⁻¹ over a baseline of 915 days.

Key words. pulsars: SXP1062 – galaxies: Small Magellanic Cloud – stars: emission-line, Be – stars: neutron – X-rays: binaries

1. Introduction

Be/X-ray binaries (BeXRBs, Reig 2011) are the dominant subclass of high-mass X-ray binaries in the Small Magellanic Cloud (SMC) with more than 100 known systems (including candidates). These systems comprise of a neutron star (NS) that accretes matter from the circumstellar decretion disc of an emission-line star of spectral class B (Be star) leading to, often transient, X-ray emission.

The BeXRB binary SXP 1062 was discovered by Hénault-Brunet et al. (2012) using *Chandra* and XMM-Newton observations of the star-forming region NGC 602 (Oskinova et al. 2013b). Amongst other BeXRBs in the SMC, SXP 1062 is outstanding owing to: (i) The position in the wing of the SMC, where a younger stellar population is found and less BeXRBs are known compared to the bar of the SMC. (ii) A relatively long spin period of the NS of $P_s \sim 1062$ s, making it the second slowest known pulsar of the SMC (after SXP 1323, Haberl & Pietsch 2005). (iii) A rapid spin-down of the NS of $\dot{P}_s = 0.26$ s d⁻¹ (Haberl et al. 2012) that was observed over the interval between 2010 Mar 25 and Apr 12 (18 days), whereas in general spin-up is observed during enhanced accretion. (iv) A robust correlation with a supernova remnant (SNR) was found by Hénault-Brunet et al. (2012). Owing to

the low density of both BeXRBs and SNRs in the wing of the SMC, this correlation is unlikely by chance. The SNR is clearly seen in optical emission lines (H α and [O III]). Additional radio emission and a detailed analysis of the X-ray emission of the SNR can be found in Haberl et al. (2012). The SNR constrains the age of the NS to 10 000–25 000 years, making SXP 1062 a relatively young BeXRB.

These peculiar properties have made SXP 1062 the subject of several theoretical investigations, with the main issue of explaining the long spin period of this young NS. Suggested scenarios include an initially slow spin period (Haberl et al. 2012), an initially and/or presently strong magnetic field (Popov & Turolla 2012; Fu & Li 2012), and the accretion of magnetised matter (Ikhsanov 2012).

Monitoring of Galactic accreting pulsars revealed that individual NSs can switch between spin-up and spin-down phases over short time scales down to a few days and that the NS spin up during intervals of high accretion and spin down over X-ray quiescent periods (Bildsten et al. 1997). This rose the question if the large spin-down of SXP 1062 was observed by chance and if the source continued to spin down with such a high \dot{P}_s .

An outburst of SXP 1062 in 2012 was found in the optical with OGLE and in X-rays with the *Swift* satellite. In this paper, we present our analysis of an XMM-Newton target-of-opportunity observation of SXP 1062, which allows to measure the long-term evolution of the spin period of the NS on a longer

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Table 1. Spectral fit results.

Model ^a	$N_{\text{H,smc}}$ [10^{21} cm^{-2}]	Γ	kT [eV]	N^b [km]	EW_{Fe} [eV]	F^c [$\text{erg cm}^{-2} \text{ s}^{-1}$]	L^d [erg s^{-1}]	χ^2_ν	dof
PL	1.54 ± 0.09	0.774 ± 0.009	—	—	—	$(6.8 \pm 0.7) \times 10^{-12}$	3.0×10^{36}	1.01	1199
PL+BB	1.99 ± 0.18	0.723 ± 0.014	237 ± 22	$11.2^{+2.7}_{-2.1} \text{ km}$	—	$(6.9 \pm 0.2) \times 10^{-12}$	3.1×10^{36}	0.99	1197
PL+DiskBB	2.32 ± 0.24	0.728 ± 0.014	308 ± 42	$6.2^{+1.4}_{-1.7} \text{ km}$	—	$(6.9 \pm 0.2) \times 10^{-12}$	3.1×10^{36}	0.99	1197
PL+DiskBB+Fe	2.30 ± 0.25	0.733 ± 0.015	307 ± 41	$6.0^{+2.3}_{-1.6} \text{ km}$	40 ± 13	$(6.9 \pm 0.2) \times 10^{-12}$	3.1×10^{36}	0.98	1196
PL+APEC	1.78 ± 0.11	0.729 ± 0.011	1059 ± 113	$5.1^{+1.2}_{-0.9} \times 10^{57} \text{ cm}^{-3}$	—	$(6.9 \pm 1.0) \times 10^{-12}$	3.1×10^{36}	0.98	1197

Notes. All uncertainties are given for $\Delta\chi^2 = 1$ corresponding to a 1σ confidence for one degree of freedom. ^(a) For model definition see text. ^(b) Normalisation of the thermal model component: Radius (BB), inner disc radius for inclination of $\Theta = 0$ (DiskBB), and emission measure (APEC). ^(c) Observed Flux in the (0.2–10.0) keV band. ^(d) Unabsorbed luminosity in the (0.2–10.0) keV band. A source distance of 60 kpc is assumed.

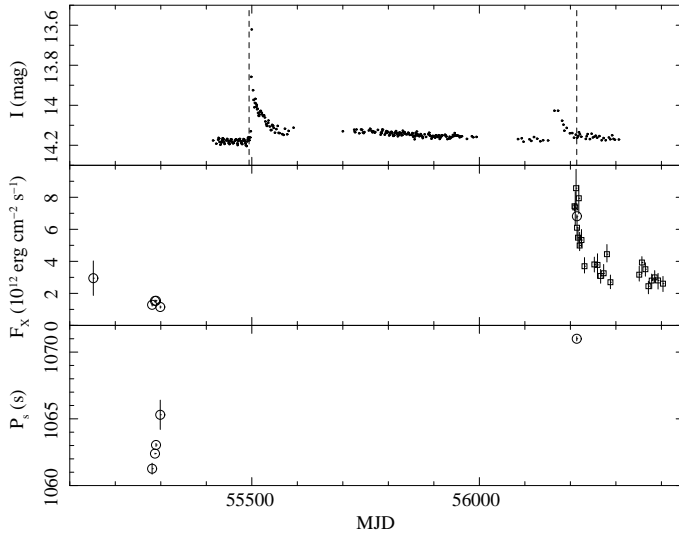


Fig. 1. Upper panel: OGLE4 *I*-band light curve. Dashed lines indicate the time of optical spectroscopy observations. Middle panel: X-ray fluxes in the (0.2–10.0) keV band from *Swift* (open squares) and *XMM-Newton* (open circles) including the 2009 slew-survey data and the 2010 measurements. Lower panel: NS spin period as measured with *XMM-Newton*.

time scale of ~ 900 days since the first *XMM-Newton* measurement. All uncertainties in this paper are given for 1σ confidence.

2. Observations and data reduction

On 2012 Oct 9, SXP 1062 was found in X-ray outburst with the *Swift* satellite. The evolution of the X-ray flux was followed in a monitoring campaign since then (TargetID: 32580). The XRT spectra were reduced from the cleaned level-3 event files within a circle placed on the source with the `ftool1 xselect`. Background spectra were created from a nearby point-source-free circular extraction region. The ancillary response files were calculated with `xrtmkarf`.

The detection of SXP 1062 in X-ray bright state allowed us to ask for an *XMM-Newton* (Jansen et al. 2001) follow-up observation (ObsID: 0700381801) that was performed on 2012 Oct 14. SXP 1062 was observed on-axis with all EPIC instruments in full-frame mode using the thin filter for EPIC-pn (Strüder et al. 2001) and the medium filter for both EPIC-MOS (Turner et al.

2001). We processed the data using the *XMM-Newton* SAS 12.0.1². Because the flaring background was at moderate level (below 8 and 3 counts $\text{s}^{-1} \text{ arcmin}^{-2}$ for pn and MOS, respectively), no temporal screening of the data was necessary. This yields an exposure of 26.6, 31.1, and 31.2 ks for EPIC-pn, -MOS1, and -MOS2, respectively. Energy spectra and time series of the source and the background were extracted, using the same selection regions as described in Haberl et al. (2012, see their Fig. 1, region A and B) such that emission of the SNR will be subtracted. We used single- and double-pixel events from EPIC-pn and single- to quadruple-pixel events from EPIC-MOS. For energy spectra we rejected events with `FLAG $\neq 0$` . This resulted in 24 810, 8009, and 8908 net counts in the (0.2–12.0) keV band for the three instruments. We binned the EPIC spectra to have a signal-to-noise ratio of ≥ 5 for each bin. Spectra from the Reflection Grating Spectrometer (RGS, den Herder et al. 2001) with an exposure of 31.6 ks were extracted with `rgsproc`. We used events within a cross-dispersion point-spread-function width of 90%, which excludes roughly half of the area covered by the SNR. The background events were selected for a point-spread-function width $>99\%$, to exclude emission from the NS and the SNR. The resulting spectra contain 277 (RGS1) and 380 (RGS2) net counts in the (0.35–2.0) keV band. The RGS spectra were binned with 25 net cts bin^{-1} . Although these spectra have low statistics, they provide the first grating X-ray data of SXP 1062.

We used the Southern African Large Telescope (SALT, Buckley et al. 2006b,a; O’Donoghue et al. 2006) to collect long slit spectra of SXP 1062 simultaneous with the *XMM-Newton* observation. As part of the SALT program 2012-1-RSA.UKSC-003 aimed at studying outbursts from X-ray binary systems, we obtained spectra of SXP 1062 during the evening of 2012 Oct 13th and morning of the 14th. These data were collected using the Robert Stobie Spectrograph (RSS, Burgh et al. 2003; Kobulnicky et al. 2003). We used the PG2300 grating in two position angles (30.500° , and 48.875°) to achieve coverage from (3835–4924) Å in the blue and (6082–6925) Å in the red respectively. To achieve the highest resolution we used a $0.6''$ wide slit. Observations were prebinned by a factor 2 producing a spectral resolution of 0.33 Å per binned pixel. Two 400 s observations were taken in the blue on MJD 56213.99 followed by a 180 s exposure of a ThAr arc lamp. A single 180 s exposure was taken in the red on MJD 56214.01 followed by a 90 s exposure of an Ar arc lamp. All observations were flat fielded using Quartz Tungsten Halogen (QTH) flats taken immediately after the blue and before the red observations. The seeing during the obser-

¹ <http://heasarc.nasa.gov/ftools/>

² Science Analysis Software (SAS), <http://xmm.esac.esa.int/sas/>

vations was approaching $3''$. An hour after the observations a spectrophotometric standard star (LTT1020) was observed for both the blue and red setups. The SALT data was first processed using the SALT pipeline, PySALT (Crawford et al. 2010). This performs overscan, gain, cross-talk corrections, and mosaicing of the three 2048×4096 CCDs. Subsequent flatfielding, background subtraction, wavelength calibration and extraction of 1D spectra were performed in IRAF v2.16 (Tody 1993). The final spectra were first redshift corrected by 150 km s^{-1} and normalised (after being averaged in the case of the two blue 400 s exposures).

An optical monitoring of SXP 1062 is provided by the Optical Gravitational Lensing Experiment (OGLE, Udalski et al. 2008) that covers the source regularly with *I*-band photometry since the beginning of phase 4 (2010 Aug 6). The data is available in the X-Ray variables OGLE Monitoring (XROM, Udalski 2008) system and presented in the upper panel of Fig. 1.

3. Analyses and Results

3.1. X-ray energy spectrum

Spectral analysis was performed with *xspec* (Arnaud 1996) version 12.7.0u. We used the same model, as described in Haberl et al. (2012), i.e. an absorbed power law where we assume Galactic photoelectric absorption with a column density of $N_{\text{H,gal}} = 6 \times 10^{20} \text{ cm}^{-2}$ with solar abundances according to Wilms et al. (2000), and a free column density, $N_{\text{H,smc}}$, with abundances set to 0.2 solar accounting for absorption by the interstellar medium of the SMC or within the BeXRB system. The normalisations between the individual instruments were found to be consistent, and we fitted the same model to all five spectra simultaneously. The spectrum and best-fit model is presented in Fig. 2a and the best-fit parameters are listed in Table 1. Formally, the power-law model describes the data well with a reduced χ^2_ν of 1.01. However, in other BeXRBs, a soft excess (Hickox et al. 2004) and iron fluorescent emission are discussed to contribute to the X-ray spectrum.

A possible Fe K_α emission line broadened below the instrumental resolution was investigated by fitting an additional Gaussian emission-line profile with central energy of $E_c = 6.4 \text{ keV}$, line width of $\sigma = 0$ and free normalisation. We obtain a 3.1σ evidence for a line with normalisation of $N = (3.1 \pm 1.0) \times 10^{-6} \text{ photons cm}^{-2} \text{ s}^{-1}$, corresponding to an equivalent width of $EW = (-40 \pm 13) \text{ eV}$. Analogously, we derive for ionised Fe xxv ($E_c = 6.7 \text{ keV}$) a 3σ upper limit of $N < 2.9 \times 10^{-6} \text{ photons cm}^{-2} \text{ s}^{-1}$ and $N < 3.1 \times 10^{-6} \text{ photons cm}^{-2} \text{ s}^{-1}$ for Fe xxvi ($E_c = 7.0 \text{ keV}$).

To investigate a possible soft excess and to demonstrate systematic uncertainties of the power-law and absorption parameters we fitted additional thermal components. Adding a black-body (BB) emission component to the model results in a slight improvement of the fit with an f-test probability of 2.3×10^{-7} . This formally proves the significance of this component, however see Protassov et al. (2002) for limitations of the f-test. We further fitted a multi-temperature accretion disc model (DiskBB) and a collisionally ionised plasma model with 0.2 solar abundances (APEC), with the results being listed in Table 1. The possible contribution of the disc black-body model and Fe K_α line are demonstrated in Fig. 2b, where we omit the RGS spectra for clarity. The residuals of this model, rebinned by a factor of 5, are compared with the residuals of the simple power-law model in Fig. 2d and c. We find that e.g. in the case of a disc

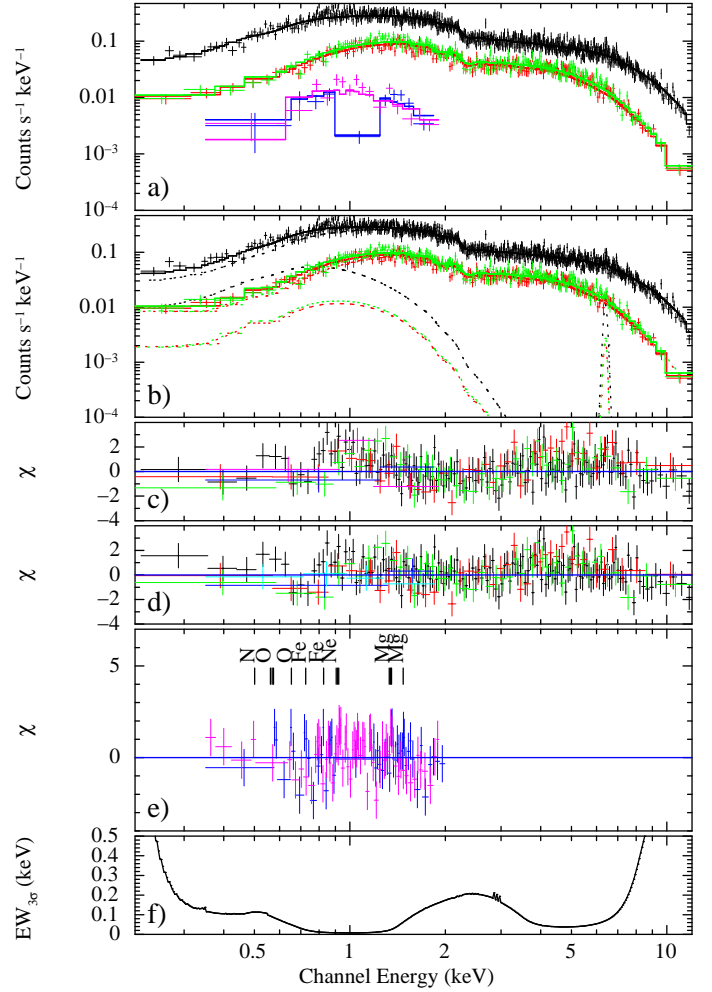


Fig. 2. *a)* Energy spectrum of SXP 1062 as observed on 2012 Oct 14 with EPIC-pn (black), -MOS1 (red), -MOS2 (green), RGS1 (blue), and RGS2 (magenta) together with the best-fit model (solid line) of an absorbed power law. *b)* Same as *a)*, but fitted with additional contribution of a multi-temperature disc black-body model and Fe K_α emission line, shown by dashed lines. The RGS data is omitted for clarity. *c)* The residuals in units of σ for the model from *a)* with a higher binning by a factor of 5. *d)* Same as *c)*, but for the model from *b)*. *e)* The residuals for the model of *a)*, binned with only 5 net cts bin $^{-1}$. Vertical lines mark the energies of prominent emission lines. *f)* 3σ upper limits for the equivalent width (EW) of a Gaussian absorption line.

black-body a soft excess can only contribute with a luminosity of $7.5^{+0.8}_{-1.1} \times 10^{34} \text{ erg s}^{-1}$, i.e. $2.5^{+0.3}_{-0.4}\%$ of the unabsorbed luminosity in the (0.2–10.0) keV band.

To demonstrate spectral features in the RGS grating spectra, we plot the residuals of the power-law fit with a binning of only 5 net cts bin $^{-1}$. We find clear indications of emission lines of the helium-like triplets of O VII (0.561–0.574 keV), Ne IX (0.905–0.922 keV), and Mg XI (1.33–1.35 keV) as well as hydrogen-like N VII (0.500 keV), O VIII (0.654 keV), and Mg XII (1.47 keV) and neon-like Fe XVII (0.725, 0.826 keV), as they are marked in Fig. 2e. Due to the low statistics in the spectra, we can only roughly constrain the fluxes of the most convincing lines to $1.6^{+0.9}_{-0.8} \times 10^{-5} \text{ photons cm}^{-2} \text{ s}^{-1}$ (O VII), $4.9^{+3.4}_{-2.5} \times 10^{-6} \text{ photons cm}^{-2} \text{ s}^{-1}$ (Ne IX), and $1.6^{+0.9}_{-0.8} \times 10^{-5} \text{ photons cm}^{-2} \text{ s}^{-1}$ (Mg XI).

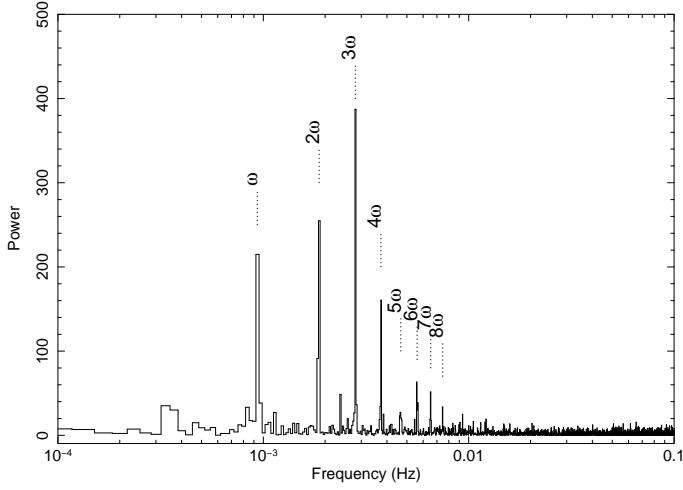


Fig. 3. Power-density spectrum of SXP 1062. The best-fit frequency $\omega = 934 \mu\text{Hz}$ and harmonics are marked by vertical lines.

$\text{cm}^{-2} \text{s}^{-1}$ (O vii), and $1.3^{+0.5}_{-0.4} \times 10^{-5} \text{ photons cm}^{-2} \text{s}^{-1}$ (Ne ix). Here we used the unbinned data and C statistics (Cash 1979).

The peculiar properties of SXP 1062 were suggested to be caused by a strong magnetic field ($B \sim 10^{14} \text{ G}$, Fu & Li 2012), eventually leading to a proton cyclotron feature in the observed energy band. Adding a Gaussian absorption line to the power-law model, we find no significant contribution of this feature. Stepping the absorption line through the complete spectrum, we estimate 3σ upper limits for EW as shown in Fig. 2f, where we assume a line width of $\sigma = 0.2E_c$.

3.2. X-ray Pulsations

A fast Fourier transformation of the merged EPIC time series (42 231 cts including background) reveals the pulsation of the NS and various harmonics as presented in Fig. 3. Using a Bayesian detection method as described by Gregory & Loredo (1996) and Haberl et al. (2008), the most probable spin period during the recent XMM-Newton observation is derived to $P_s = (1071.01 \pm 0.16) \text{ s}$.

The background-subtracted normalised folded light curves are shown in Fig. 4 for the total (0.2–10.0) keV band and the standard sub-bands (0.2–0.5) keV, (0.5–1.0) keV, (1.0–2.0) keV, (2.0–4.5) keV, and (4.5–10.0) keV, where we merged the first two bands to increase the statistics. The HRs are defined by $\text{HR}_i = (R_{i+1} - R_i)/(R_{i+1} + R_i)$ with R_i denoting the background-subtracted count rate in the XMM-Newton standard energy band i (with i from 1 to 4). In Fig. 4, we also show the pulse profile measured in 2010 (ObsID 0602520201), folded with 1062.4 s. The phase offsets are set to have a common maximum in the total-band light curves.

3.3. Long-term X-ray light curve

The position of SXP 1062 was covered with the *Einstein* satellite, but no source is reported in the catalogue of Wang & Wu (1992). Also the ASCA catalogue of Yokogawa et al. (2003) does not contain SXP 1062, which was in the FoV of an observation performed on 1999 May 28 to 29.

We note that both catalogues list a nearby source (No 67 of Wang & Wu (1992) and No 105 of Yokogawa et al. (2003)). The angular separation of $\sim 4.4'$ is too large for a correlation with

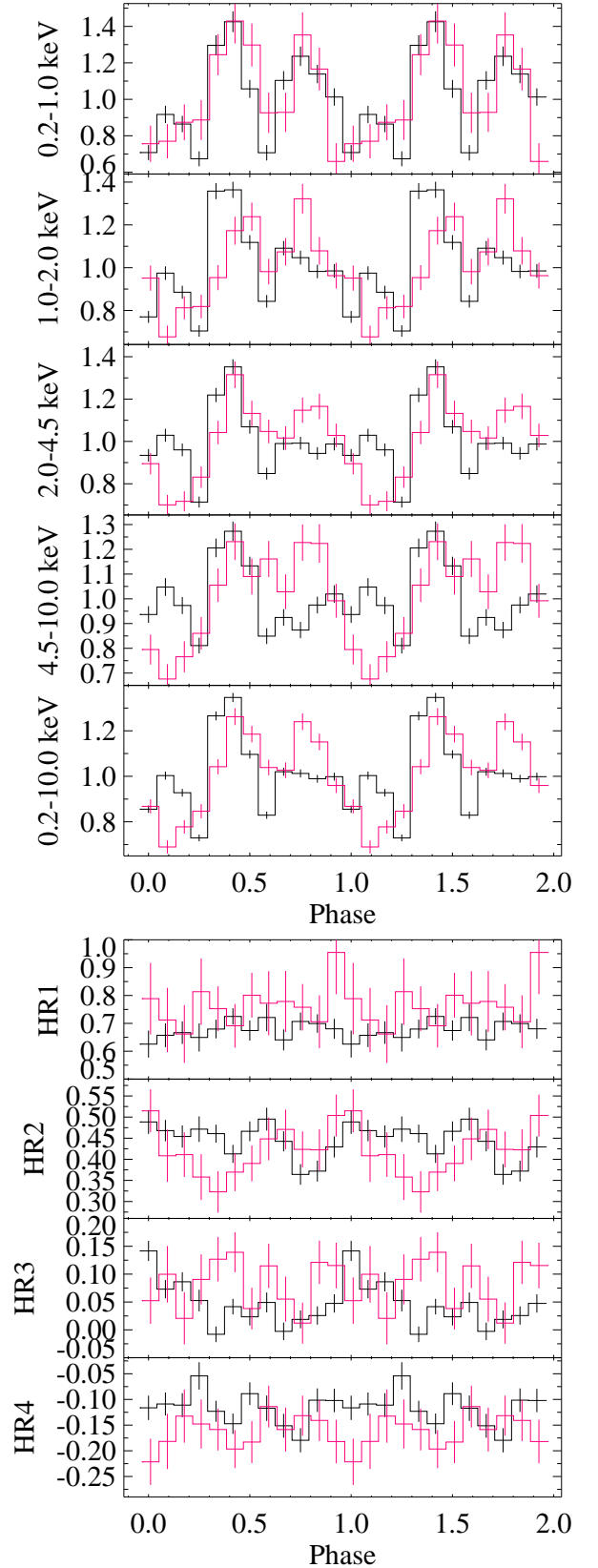


Fig. 4. *Upper figure:* Pulse profile of the time series, merged from all EPIC instruments in different energy bands for the 2012 observation (black) and an observation in 2010 (red). The individual light curves are background subtracted and normalised to the average count rate (from top to bottom: 0.19, 0.40, 0.44, 0.35, 1.37 cts s^{-1} (2012) and 0.020, 0.044, 0.052, 0.037, 0.15 cts s^{-1} (2010)). *Lower figure:* Hardness ratios as function of pulse phase.

SXP 1062 with respect to the angular resolution of both satellites. In the recent XMM-Newton observation, as well as in the 2010 observations, we do not find a bright source at this position. Hence the nearby source might be an X-ray transient. In the case of another BeXRB, the closest possible counterparts are 2dFS 3857 (B0-5V star, 60'' angular separation), and 2MASS J01281201-7330235 (B3-5III star showing near-infrared variability, 80'').

Three pointed ROSAT observations of SMC X-1 covered the position of SXP 1062 between 1991 and 1993 (MJD 48536.2, 48895.7, and 49141.0). For these observations, no detection at the position of SXP 1062 is reported in the catalogue of Haberl et al. (2000). Assuming 10 counts for a detection as a typical detection limit and the same spectral shape as measured in the recent XMM-Newton observation, we derive upper limits of 1.4, 2.7, and 2.1×10^{-13} erg cm $^{-2}$ s $^{-1}$, respectively, which are the lowest limits for the X-ray flux reported so far.

As noted by Hénault-Brunet et al. (2012), the very first X-ray detection of SXP 1062 is listed in the XMM-Newton slew-survey catalogue (Saxton et al. 2008, Release 1.5). The source (XMMSL1 J012746.2-733304) was detected on 2009 Nov 16 with (4.2 ± 1.5) cts, which according to the spectrum from above, results in a flux of $(3.0 \pm 1.1) \times 10^{-12}$ erg cm $^{-2}$ s $^{-1}$.

The recent Swift/XRT monitoring allows to follow the evolution of the X-ray outburst in 2012. Since the X-ray spectrum is measured well with XMM-Newton and we find no strong variations of the spectral shape compared to the 2010 observations, we fixed the spectral shape to the PL+DiskBB+Fe model and calculated fluxes for each Swift spectrum, using C statistics. The derived fluxes are listed in Table 2. The X-ray light curve is presented in Fig. 1 and compared to the optical light curve from OGLE and the evolution of the spin period of the NS.

3.4. Optical spectroscopy

Fig. 5 shows the fully reduced spectra after being smoothed using a boxcar average of 3 data points. The H α and H β line are shown in more detail in Fig. 6. Neither line could be fitted well using one Gaussian alone. For H α , broad wings are seen in addition. H β clearly exhibits a double-peaked line profile that is also seen in the pre-subtraction images. Fitting both lines with two Gaussians each and using the unsmoothed data, we derive equivalent width of the H α and H β of $EW_{H\alpha} = (-26.65 \pm 0.09)$ Å and $EW_{H\beta} = (-2.40 \pm 0.29)$ Å, respectively. Re-analysing previous 2dF spectra (Evans et al. 2004; Hénault-Brunet et al. 2012) with the same method, results in $EW_{H\alpha} = (-22.02 \pm 0.054)$ Å and $EW_{H\beta} = (-1.58 \pm 0.10)$ Å.

4. Discussion

We analysed an XMM-Newton observation of SXP 1062 and find that the spin period of the NS further increased to 1071 s. Since the last XMM-Newton observation, performed on 2010 Apr 12, 915 days before the most recent observation, we obtain an average $\dot{P}_s = (2.27 \pm 0.44)$ s yr $^{-1}$. This is factor of 40 less than observed during the 18 day baseline in 2010. However, the recent data do not allow to conclude on the detailed evolution as periods of spin-up and -down may have alternated as seen in other BeXRBs. Especially the current \dot{P}_s cannot be determined from our single observation and the NS might even show spin-up during the X-ray outburst monitored by Swift. A denser X-ray coverage of the source is highly desirable to determine the evolution of P_s and \dot{P}_s on a longer time scale.

Table 2. Swift/XRT observations of SXP 1062.

MJD ^a	Net Exp [s]	Rate [10 $^{-2}$ s $^{-1}$]	Flux ^b [10 $^{-12}$ erg cm $^{-2}$ s $^{-1}$]
56209.01	15558	6.49 \pm 0.20	7.44 $^{+0.17}_{-0.31}$
56210.75	976	6.25 \pm 0.80	7.37 $^{+0.99}_{-1.13}$
56212.48	1019	7.36 \pm 0.85	8.57 $^{+1.18}_{-1.06}$
56214.62	1151	5.30 \pm 0.68	6.10 $^{+0.66}_{-0.72}$
56216.69	2078	4.72 \pm 0.48	5.48 $^{+0.62}_{-0.60}$
56218.56	1269	6.46 \pm 0.71	7.94 $^{+0.81}_{-0.97}$
56220.37	1748	4.06 \pm 0.48	4.99 $^{+0.82}_{-0.32}$
56224.44	1823	4.44 \pm 0.49	5.33 $^{+0.66}_{-0.42}$
56231.03	1723	2.96 \pm 0.41	3.70 $^{+0.54}_{-0.43}$
56252.70	1776	3.32 \pm 0.43	3.81 $^{+0.46}_{-0.47}$
56259.58	729	3.15 \pm 0.66	3.78 $^{+0.70}_{-0.85}$
56266.45	1895	2.22 \pm 0.34	3.09 $^{+0.41}_{-0.45}$
56273.06	2000	2.70 \pm 0.37	3.26 $^{+0.55}_{-0.33}$
56280.33	2188	3.93 \pm 0.42	4.45 $^{+0.60}_{-0.49}$
56288.01	1686	2.14 \pm 0.36	2.70 $^{+0.45}_{-0.41}$
56351.36	1940	2.83 \pm 0.38	3.17 $^{+0.52}_{-0.41}$
56357.17	1438	3.41 \pm 0.49	3.93 $^{+0.37}_{-0.69}$
56364.90	1878	3.14 \pm 0.41	3.51 $^{+0.40}_{-0.43}$
56371.51	2123	2.17 \pm 0.32	2.45 $^{+0.31}_{-0.47}$
56378.71	1950	2.36 \pm 0.35	2.80 $^{+0.41}_{-0.51}$
56385.40	1945	2.78 \pm 0.38	3.00 $^{+0.42}_{-0.32}$
56392.73	1201	2.66 \pm 0.47	2.81 $^{+0.44}_{-0.54}$
56403.51	1456	2.40 \pm 0.41	2.61 $^{+0.50}_{-0.50}$

Notes. ^(a) Modified Julian date of the beginning of the observation.
^(b) Flux in the (0.2–10.0) keV band.

Comparing the pulse profiles of 2010 and 2012, we find indications for a double peaked light curve in 2010, whereas in 2012 the light curve reveals only one clear peak at energies above 1 keV. Here, the material might be accreted dominantly on only one pole of the NS.

The shape of the X-ray spectrum is close to the 2010 measurement, but might contain a soft excess and an Fe K line. If the soft excess is caused by black-body emission, the black-body radius is in agreement with the radius of an NS and might originate from the NS surface. But also reprocessing in an accretion disc is possible, as we can only measure a lower limit of the inner disc radius, depending on the inclination ($R \sim \cos^{-1/2} \Theta$). Estimating the inner disc radius according to Hickox et al. (2004) yields $R = (L_X/4\pi\sigma T^4)^{1/2} = 8.5$ km.

The high-resolution X-ray spectra from the RGS show indications of emission lines. The emission lines might be explained by the SNR around SXP 1062. However, assuming a homogeneous surface brightness of the SNR and typical SMC abundances of $Z = 0.2Z_\odot$, the best-fit plasma model for the SNR of Haberl et al. (2012) accounts only for a few percent of the observed O VII line flux. This points to an additional hot plasma component around the NS as it was e.g. observed in SXP 1323 (Haberl & Pietsch 2005). Deeper X-ray observations of the source in X-ray bright state are needed here, but we note that the line energies of the helium-like lines point to resonance

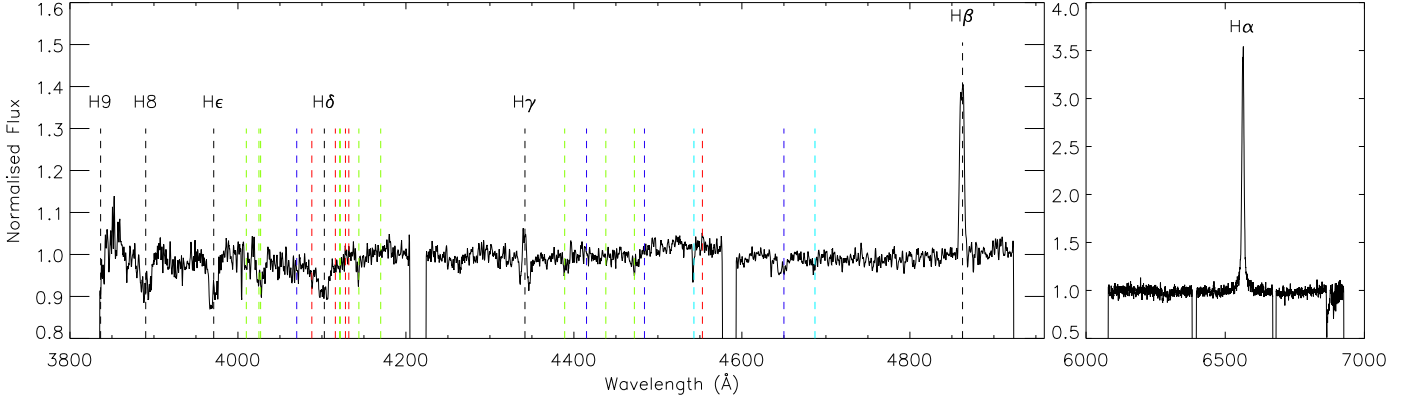


Fig. 5. SALT blue and red (left and right respectively) smoothed spectra of SXP 1062. Clearly visible are the chip gaps between the three CCDs. Dotted lines indicate: Balmer lines (black), He I (green), He II (light blue), Silicon (red) and other metal lines (dark blue).

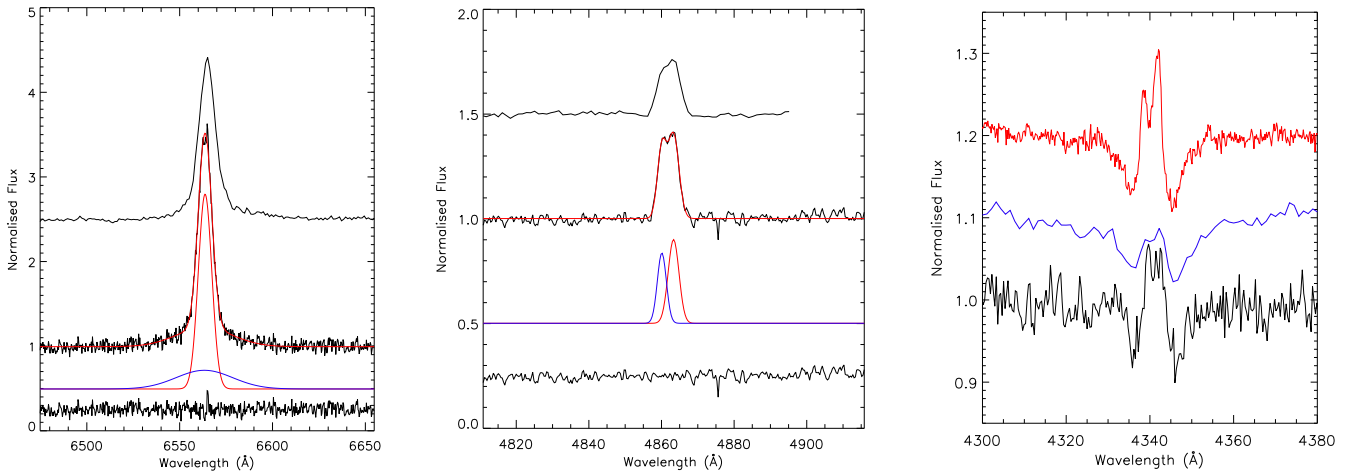


Fig. 6. *Left:* $H\alpha$ as seen with SALT (normalised) and according modelling with two Gaussians and continuum. The lowest line gives the residuals. The 2dF spectrum is shown on the top for comparison. *Middle:* Same as before, but for $H\beta$. *Right:* $H\gamma$ as seen with VLT FLAMES (top), 2dF (middle) and SALT (bottom).

lines rather than forbidden lines and that the emission of the observed He-like species is stronger than H-like like.

Proton cyclotron absorption lines (e.g. Zane et al. 2001) can be significant features in the X-ray spectra of NSs with high magnetic fields as observed with present-day observatories and might appear in the X-ray spectrum of SXP 1062 (Fu & Li 2012). Neither in the residuals of the simple power-law fit (Fig. 2 c) nor by stepping of an additional absorption-line model component through the energy range of the X-ray spectra we can find a convincing contribution of an absorption line. A weak absorption line with equivalent width down to $EW > 10$ eV can be excluded only in the (0.84–1.17) keV band, whereas a stronger line with $EW > 200$ eV can be ruled out in the (0.28–7.5) keV band. According to the relation

$$B \approx 1.59 E_c \times 10^{14} \text{ G keV}^{-1},$$

this excludes magnetic fields in the range of $(1.3 - 1.9) \times 10^{14}$ G and $(0.44 - 12) \times 10^{14}$ G, respectively.

The long term *I*-band light curve, as measured with OGLE 4 has been examined by Schmidtke et al. (2012a) and exhibits short term variability of ~ 9 days, that is likely an alias of sinusoidal modulations of (0.9007 ± 0.0005) d, caused by non-radial

pulsations. In addition, two strong outbursts are seen reaching maximum emission around MJD 55500 ($\Delta I \sim 0.6$ mag) and between MJD 56151 – 56173 ($\Delta I \gtrsim 0.15$ mag). Schmidtke et al. (2012b) suggested the time-difference between the outbursts to be the likely orbital period $P_o = (656 \pm 2)$ d. This is supported by the FRED-like shape (Bird et al. 2012) of the optical outbursts. If so, the X-ray emission in 2010 cannot be caused by a type-I X-ray outburst that can occur during periastron passage of the NS only.

This might be explainable by a persistent X-ray state that is also favoured by the fact, that SXP 1062 was always detected above a flux of $\sim 10^{-12}$ erg cm $^{-2}$ s $^{-1}$ since its discovery. The pulsar must have entered this state after the last ROSAT observation. Comparing the deepest ROSAT upper limit of $F_X \leq 1.4 \times 10^{-13}$ erg cm $^{-2}$ s $^{-1}$ with the average flux of the 2010 XMM-Newton observations reveals an X-ray variability by a factor of 10 and by comparing with the brightest *Swift* detection, one obtains a maximum X-ray variability by a factor of at least 60. The X-ray flux is also moderately (some 10%) variable on short time scales (days), as measured with *Swift* and previously with *Chandra* (c.f. Fig. 2 of Oskinova et al. 2013a).

The X-ray outburst around MJD 56200 may correlate with the second optical outburst. Because our *Swift* observations did not catch the initial stage of X-ray outburst we cannot judge about the outburst duration and maximum emission. The first *Swift* observation was performed 58 days after the first measured *I*-band increase. Regarding the long orbital period, this time interval might still be consistent with a type-I X-ray outburst. In this scenario, the NS accretes matter during periastron passage, leading to X-ray emission, while tidal forces affect the circumstellar disc. A sudden but local perturbation in the disc geometry, such as e.g. warping a part of the disc or the formation of a quasi-steady accretion disc around the NS, might cause the sharp increase in total optical luminosity. Crude estimates show that the observed increase in *I*-band magnitude can be achieved if the projected disc area increased by about 20%.

The optical counterpart of SXP 1062, the B0IIIe star 2dFS 3831, was already studied spectroscopically. The spectra of 2dFS 3831 was obtained by Evans et al. (2004) in Sep 1998 (blue) and Sep 1999 (red). On 2010 Oct 25, 2dFS 3831 was observed spectroscopically with the VLT FLAMES instrument. These spectra are discussed in Hénault-Brunet et al. (2012). Note that the red 2dF spectrum was taken ~4 months after the ASCA observation and that the VLT spectrum was obtained only 4 days before the first optical outburst, whereas our reported SALT spectrum was taken during the decline of the second outburst (dashed lines in Fig. 1). It is therefore informative to compare them.

The post-outburst SALT spectrum (see Fig. 5) is similar to those previously published, allowing Be-type classification at all epochs. The He II lines are present. The hydrogen Balmer lines have contributing emission filling them in, most likely as a result of a large circumstellar disc. This is also corroborated by a non-split shape of the $H\alpha$ line, indicating the disc large in size or/and its inclination is small (Hummel & Vrancken 1995). However, the $H\beta$ and $H\gamma$ emission lines show split shapes.

Despite overall similarity, there are some differences in spectra obtained at different epochs. The most apparent is the increasing strength of the $H\gamma$ line occurring between the 2dF and the VLT measurement. In the SALT spectrum, the $H\gamma$ emission line is still seen. The VLT spectrum shows a stronger red-ward wing contribution, while it is more symmetrical in the SALT spectrum pointing to V/R variability (see Fig. 6, right).

Another evidence for an increasing size or density of the disc is given by the increasing equivalent width of the $H\alpha$ and $H\beta$ emission lines by $(21.0 \pm 0.5)\%$ and $(52 \pm 21)\%$, respectively. For the $H\alpha$ and $H\beta$ emission lines we find an increasing equivalent width by $(21.0 \pm 0.5)\%$ and $(52 \pm 21)\%$, respectively, between the 2dF and the SALT measurement, giving further evidence for an increasing size or density of the decretion disc. Thus, the spectroscopic measurements suggest that the decretion disc has been growing over the last ~14 years. This may help to explain the non-detections of SXP 1062 by earlier X-ray missions (Sec. 3.3), because only a small or no decretion disc might have existed in the past (at least before 1999).

Despite these small changes, the new spectroscopic observations obtained with SALT show that the Be star disc was at large not affected during the X-ray outburst, as it can be the case in type-II outbursts, where a loss of the decretion disc and therefore $H\alpha$ emission can occur.

The optical and X-ray spectra of SXP 1062 are similar to those observed from other BeXRBs. The unusually slow spin period and its evolution (so far no spin-up was observed), hence, are even more surprising. The young long-period pulsar SXP 1062 continues to challenge the present models of accreting pulsars.

5. Conclusions

We presented the analysis of a recent XMM-Newton observation of SXP 1062 and discuss the results in the context of complementary *Swift*/XRT and optical data. The main results and conclusions are as follows:

1. The NS continued to spin down to a spin period of $P_s = (1071.01 \pm 0.16)$ s as measured on 2012 Oct 14. This implies an average $\dot{P}_s = (2.27 \pm 0.44)$ s yr⁻¹ during a baseline of 915 days.
2. We do not see significant spectral changes in the X-ray spectrum, compared to the 2010 observations, despite of an indication of a soft excess and Fe K α at higher luminosities ($L_X = 3 \times 10^{36}$ erg s⁻¹).
3. We see indications of emission lines in the RGS spectra from prominent thermal emission lines. The SNR can unlikely account completely for this component.
4. No convincing indication of cyclotron lines are found. Demanding a proton cyclotron absorption line with $EW > 200$ eV, this excludes a magnetic field of the NS between 4.4×10^{13} G and 1.2×10^{15} G.
5. The X-ray light curve suggests that SXP 1062 is currently in a persistent X-ray emitting state with a luminosity around $L_X = 8 \times 10^{35}$ erg s⁻¹. Optical and X-ray outbursts might correlate and be caused by type-I outbursts.
6. The optical spectra obtained during the X-ray outburst is morphologically similar to the pre-outburst spectra obtained in 1998/99 and 2010. Strong Balmer emission lines are present during all observations. This indicates that the circumstellar disc of 2dFS 3831 is large and not strongly affected by the X-ray outburst.
7. The evolution of the Balmer emission lines provides evidence for an increase of the circumstellar disc over the last ~14 years. This can explain the observed increase in the persistent X-ray luminosity of SXP 1062 during this time.

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